



The Sounds of Sirius – Alejandro – reviewsnewage.com

“The Sounds of Sirius” is a compilation of excerpts from a collection of seven CDs by Lia Scallon focusing on self-healing and the pursuit of deep calm and tranquility. Each of the original works are characterized by long tracks - most of them a single piece - where Lia’s voice, combined with ambient sounds and music, create a state of total physical and mental stillness.

For this compilation album, the artist has put together a collection of nine very beautiful and hypnotic extracts, from the original works.

"Lullaby of Love" opens the CD. This excerpt from the album "The First Little Angels on Earth" released in 2007, is a beautiful piece that, in the quieter passages, reminds one of Enya. Lia's expressive voice is spectacular. The song, delivered with great power by the artist, is a lament that reaches right into the soul.

The following track "The First Little Angels on Earth" is totally engaging. Lia narrates a passionate and fascinating story for children which is accompanied by a gentle synthesizer melody, interwoven with the sounds of nature. The enchanting storytelling of this piece is imbued with a beautiful feeling of love. This excerpt concludes with a return to the mysterious song of the previous track.

"Breath of Life" is an excerpt from the album of the same name, which consists of one track of 50 minutes duration. The listener is completely captivated by Lia’s mysterious voice as she sings a hypnotic melody, accompanied by delicate ethnic sounds of bells, gongs, and Tibetan bowls. Together they combine to create the perfect backdrop for Yoga practice.

"Diamond Light Meditation for Women" provides a soothing energy that allows women to reach a state of harmony between body and mind. The first narrative section flows seamlessly into the second section, which is sung with such sweetness that you are invited to empty your mind and let yourself be drawn into a deep and peaceful inner journey. I love it.

The incredible and haunting sound of whale song opens the excerpt from "Starsong." The song of whale is then joined by the voice of the artist, without in any way breaking the meditative state created by the previous track. Again there are no instruments used. It relies solely on the musicality of the voice and the song of the whale. It is difficult to remain awake during this piece! It's seductive power is amazing, inviting the listener into a state of deep sleep. Amazing – the power of Lia's voice!

"Song of Love for the Animals - Prologue" has the strongest musical content of the entire album as well as being the shortest track at 2.32mins. Taken from her album "Song of Love for the Animals", in this piece, Lia's gentle voice narrates the story, while composer Mark Mannock gives life to a truly beautiful musical composition. Voice and music come together in perfect harmony. My favourite! A beautiful theme...

The following eight-minute excerpt from the main track of the "Song of Love for the Animals" album blends the voice of the artist with birdsong and a subtle musical backdrop. Again, the effect of Lia's vocal without any strong instrumentation, results in a piece that invites you to relax, and helps you to find inner peace. A very hypnotic track.

"Song of the Earth" combines voice, the crystal bowl playing of Susie Nelson-Smith and the powerfully relaxing sounds of water. The feeling of wellbeing and calm created by this track is really amazing. The musical accompaniment accentuates the feeling of relaxation.

"Diamond Light Meditation for Men" is the final excerpt from this CD. Like the previous "Diamond Light Meditation for Women" it has no music - just Lia's sweet voice that guides the listener to achieve inner peace. Gentle and almost imperceptible background percussion sounds are the only instruments used by the artist to soothe the soul, in this case, the soul of women. A perfect track to relieve all accumulated stress!.

Everyone knows the healing power of music. The Sounds of Sirius convincingly demonstrates this, by giving unconditional prominence to the voice to achieve that result. By collating these nine excerpts from her most introspective and hypnotic tracks, Lia demonstrates the healing power of the word and voice... with whispers, soft ethnic sounds and of course, her incredibly delicate voice, she helps the listener to achieve a state of absolute well-being and inner peace.

The Sounds of Sirius is a recommended album.

Score: 4/5

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06/29/10

The Sounds of Sirius

Lia Scallon

2009

60 minutes