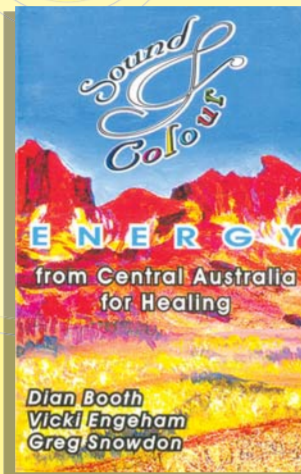
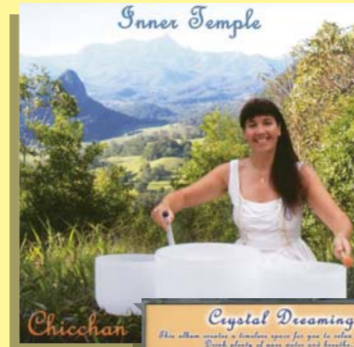


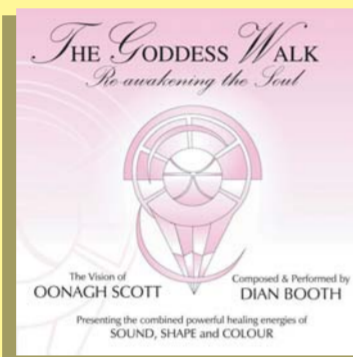
Healing sounds available from Living NOW!



“Sound Colour”
 Energy from Central Australia for Healing
 Dian Booth, Vicki Engeham, Greg Snowdon
 This tape (not available on CD) is definitely a ‘must’ if you are interested in experiencing the power of the music-colour combination—in a guided meditation with sublime music and imagery. The narrator’s voice is non-intrusive and gently talks you through the seven chakras, their corresponding colours and music tones. Side 2 takes you on a journey through the central Australian landscape supported by a wonderful tapestry of violin, didgeridoo and traditional Australian percussion.
 \$18 (tape) + \$5 P&P
 (Reviewed by Adrian Tamburini)



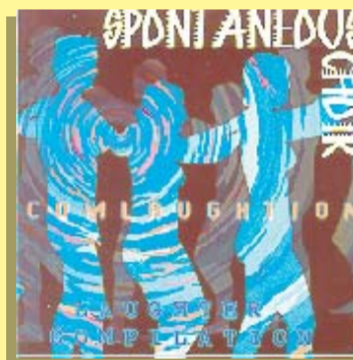
“Inner Temple” and “Crystal Dreaming”
 Crystal Bowls
 Chicchan — Global Healing
 Recorded in NSW these two CDs are true bliss. Chicchan plays singing bowls—nine pure quartz crystal bowls. The sound is mind-blowing. Personally, the impact that listening to these recordings has on me is profound. I am transported beyond my perceived reality into another state of consciousness. It is gentle but can shake your very foundations. For meditators who are not afraid to take their practice a step further.
 \$25 + \$5 P&P
 (Reviewed by Adrian Tamburini)



“The Goddess Walk”
 Dian Booth, Oonagh Scott
 The Goddess Walk takes you through a tour of the Earth’s seven chakra points; from Australia’s Uluru to Mt. Lailas in Tibet. The music is rich in texture with each of the eight tracks using different instruments in combination. The combination of Tibetan bowls with didgeridoo, dolphin sounds and Dian’s masterful violin playing makes for a wonderful experience both as a medium for healing and for the mere enjoyment of the music.
 \$26 + \$5 P&P
 (Reviewed by Adrian Tamburini)



“Forgiveness... bridge to peace”
 Crystal Bowls
 Karen Ashby
 This is not a CD for the faint-hearted. A strong clear recording of the sounds of crystal bowls, Karen’s ability to create a thick landscape of sound seems to break down the internal walls and barriers of the listener. Track 1 is deep, rich and moving—definitely the thing to ‘get up and go’. Track 2 is gentler as it moves to great long tones by individual bowls. Track 3 is the culmination of the first two tracks; the point of destination. The sound is clear and resonant, allowing the listener to surrender to the healing that accompanies the music.
 \$25 + \$5 P&P
 (Reviewed by Adrian Tamburini)



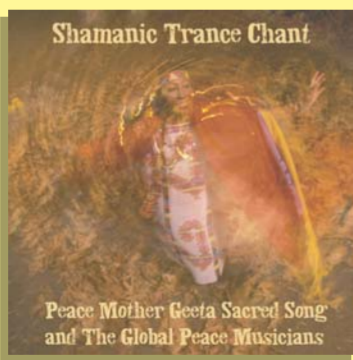
“Laughter”
 The Spontaneous Choir
 Peter Gleeson
 They say that laughter is healing. Well here is the CD that will prove it. Peter Gleeson’s CD recording ‘Laughter’ is just that: laughter. With tracks entitled ‘Laughing Forever’ and ‘The Rotunda of Happiness’ you will get your fair share of healing laughs. The Spontaneous Choir seem to really be enjoying themselves laughing, clapping, snoring and having an all-round good time. You can’t but not be affected by the laughter, as you will invariably end up laughing along with it.
 \$20 + \$5 P&P
 (Reviewed by Adrian Tamburini)



“Song of the Earth”
 Healing with the sounds of Sirius, vocal with some instrumental
 Lia Scallon
 Lia’s exquisite voice embraces an intricate depth of nurturing, healing and upliftment for the soul. The messages sung are timeless, beyond cultural or religious boundaries. Her voice invokes the energy of quintessential mothering in its purest form, lullaby. Whether 8 days or 80 years old, the “inner child” response to Lia’s voice is effortless and immediate, resulting in a state of total peacefulness and innocence, just like a newborn.
 (Reviewed by Jennifer Hannan, Integration Coaching, Sydney)
 \$27.50 + \$5 P&P*



“Starsong”
 Healing with the sounds of Sirius, vocal with some instrumental
 Lia Scallon
 Lia is Irish, and her stunning voice has all the lightness one expects of Irish singers. On top of that, her voice is imbued by her obvious spirituality. This music uplifts me and thrills me. On the odd occasion there was a ‘strange’ word in there (probably because it is a ‘channelled’ piece). This momentarily arrested my upward spiral, but I was soon back into a meditative state. This is fast becoming one of my favourite CDs.
 \$27.50 + \$5 P&P*
 (Reviewed by Elizabeth Stephens)



“Shamanic Trance Chant CD”
 Peace Mother
 “Peace Mother loves to serve Divine Mother with her strong and richly sonorous chanting. This is a CD for those who wish to take their meditation practice to a new or different level. It powerfully moves your mind and spirit to another space.”
 \$27 + \$5 P&P*
 (Reviewed by Elizabeth Stephens)

To order:

Write or email, quoting the reference # and title of the CDs you would like to purchase. Supply your name, address and phone number, your credit card details or send a cheque or money order to:
 cdsales@livingnow.com.au
 OR
 Living NOW!, 8 Simpson Place,
 Hawthorn 3122

If emailing and you don’t feel comfortable supplying your credit card details, pop a cheque in the mail and let us know by email that you’ve done so.

All CDs incur a \$5 P&P charge and will be distributed to you directly from the artist.

*If you buy both of Lia’s titles, price is \$50 + \$7 postage and handling.