LOOK • SEE • HEAR



MEETING MR. KIM OR HOW I WENT TO KOREA AND LEARNED TO

LOVE KIMCHI By Jennifer Barclay / Published by Wakefield Press

Korea has long been in the shadow of China and Japan. In Meeting Mr. Kim, Jennifer Barclay meets a reaffirmed Korea boasting cultural delights and natural serenity. Sojourns throughout South Korea take her into the heart and soul of a country previously ravaged by war, that has succeeded in recovering its national identity. Barclay discovers a deeper part of herself reflected in a Korea continuing to assert her unique truth.

Reviewed by Fotini Dangiris

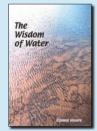


REALITY TRANSURFING 1. THE SPACE OF VARIATIONS

By Vadim Zeland / Published by O Books

The first in a series of five books by Russian Quantum Physicist Vadim Zeland, book one sets out to explain how our minds are constantly creating our reality, not just on the physical planes, but more importantly on the invisible, energy planes. Zeland calls these planes The Space of Variations where all probabilities are already in existence. Parts of this book are a little long-winded and repetitive and I would recommend you have some concept of The Law of Attraction before reading it. However, I found it very encouraging that Quantum Science is now in alignment with the ancient Hermetic traditions, that the universe is indeed mental.

Reviewed by Elizabeth Peru



THE WISDOM OF WATER By Alanna Moore / Published by Python Press

The Chinese regard water as the power of life, the Chi that keeps all life vitalised and replenished. No wonder that water and its supply is the subject of massive government expenditure around the world and wars have been fought over water supplies. Alanna Moore in 250 pages gets all the important stuff on water down here in this must buy book. Chapters on the magical power of water, the rise of civilisations on water, water divining, worship of water in history, rain water's role, the Australian landscape and how to use water wisely, plus information on water ceremonies make this a comprehensive look at an essential ingredient of our blue water planet.

Reviewed by Richard Giles



HOW TO GET THE MAN/WOMAN YOU WANT By Katia Loisel-Furey and Paul

Morris Segal / Published by Inner Kiss Publishing | www.realpeople-realanswers.com

Written by a journalist and an international flirting, dating and body language expert, How to Get the Man/Woman You Want is an essential single's step-by-step guide to flirting, dating, sex and love. This book will keep you intrigued from start to finish as you learn the secrets of body language, master the art of flirting and decipher what exactly men/women want. Some of these facts may surprise you! All the questions you've ever been dying to ask will be answered here in a funny, honest, upbeat style. Ladies, flip over to the male version for a different perspective and maximum impact!

Reviewed by Anna Beresford-Smith



SPIRIT OF THE ANCESTORS ALTER KIT By Amy Zerner & Monte Farber

It proclaims to be a portable personal alter and it is just that! For the novices serious about the journey of the ancestors this kit serves its purposes in simplicity whilst delivering a platform into this area of metaphysics. The booklet, complete with foreword by Master Pun Yin, gives a succinct and simple introduction to what is an in-depth subject whilst remaining true to the integrity of this ancient practice. An ideal gift or personal addition to one's esoteric collection.

Reviewed by Deborah K. Bates



DIAMOND LIGHT MEDITATION FOR WOMEN

By Lia Scallon, Healing With The Sounds of Sirius | www.soundsofsirius.com

Diamond Light Meditation combines the delicate sounds of Tibetan singing bowls and bells with the soothing voice of Lia Scallon, to come up with a guided meditation that is profoundly relaxing. Following a career in acting, Lia turned to the healing arts. For nearly 10 years since, she has channeled the sacred language of Sirius and, when overlayed with the beautiful melodies of wind gongs and chimes, the result is captivating. On first hearing this ancient language, my mind struggled to make sense however, following Lia's gentle voice allowed me to focus and the words soon flowed over me. Before long I felt a stillness and peace. This meditation CD is unique in that it helped me to relax but also contributed to an overall feeling of love and healing - definitely worth a listen.

Reviewed by Melanie Herwig