

## Interview with

# Lia Scallon

## Singer and Sound Healer

### *Sounds of Sirius and the Crystal Skulls*



**L**ia Scallon and I met at her beautiful home in Cairns where I conducted this interview in a room filled with crystals and crystal skulls. By the time the interview was finished (and this is only a portion of the interview) I felt like I had moved into a meditative state and was vibrating from all the crystal energy.

**Renee:** I understand you're an Irish

born singer, living in Cairns, who has currently produced nine CD's under *The Sounds of Sirius – Sacred Songs & Meditations to Uplift the Soul*. Your voice is so angelic and your songs are exquisite and uniquely beautiful, the music and language you sing sounds like it's from another world. Is that what the Sounds of Sirius are?

**Lia:** That's very kind of you, Renee. Thank you for that beautiful introduction. Yes I suppose you could describe these sounds as being from another world. In essence, I'm the conduit for sacred voice music, which I believe has been gifted to us from high spiritual realms. These sacred harmonics, which are also accompanied by a Light Language, seem to be able to touch us on a very deep soul level. I've found through the years that this music has the ability to literally change the frequency of the listener. Because of that, it can have a profound effect upon the whole being - upon the body, mind and spirit.

**Renee:** Well, I've listened to your music and I have found that it is very transformative.

**Lia:** Thank you! As I was saying to you before, I am the vessel, the conduit. My job is to try to keep myself as clear as possible, in order to expand my ability to be the 'receiver'. I suppose that's where both the work and the expansion comes in for me. It is so wonderful to see first hand, how these sounds can quite literally, be transformative. The emotional response they trigger can be quite graphic. I've seen people instantaneously break down when they hear the first strains of the music. In some way these sounds seem to pierce their heart. These songs and words can just cut through those walls of protection we put up around ourselves. Somehow, they manage to get underneath all of that to connect directly to the soul, and the soul just (clicks fingers) goes into instant recognition. It can be truly

amazing to witness ...it's an absolute privilege for me to see. I suppose an overall description of this music and what it's doing, is that it's purpose is to help us awaken. It's helping us to remember who we really are and where we've come from. It's connecting us to the Divine spark within us.

**Renee:** Can you tell me more about the Language of Light?

**Lia:** Well, this language is not a known language. In the year 2000, just before I opened my healing practice in Sydney, I went into meditation and asked Spirit what this language was. I got quite a definitive response! I was told that this was the true language of Sirius, the language that existed before language was recorded; that it was the root of all language.

**Renee:** You're giving me goosies All my hairs are standing up!

**Lia:** I know, I had goosies myself at the time! When I started to work with people on a one-to-one basis, just after that, I was seeing clients of many different nationalities - there's a whole gamut of cultures in Sydney, as you can imagine. I began to hear from these people that they recognised words from their own mother tongue - Italian, Greek, Japanese... Hebrew. It was really incredibly confirming for me, that what I'd been told by Spirit was correct.

**Renee:** So how did this awareness of the *Sounds of Sirius* begin for you?

**Lia:** It evolved over quite a period of time. I worked with these sounds myself for exactly ten years, before I started to use them with other people, so it wasn't an overnight thing! Before I started doing what I'm doing now, I was fully committed to an acting career - mainly stage but movies and TV too. Then in 1990, I got glandular fever for the second time in my life, which resulted in a sort of chronic fatigue syndrome. I had just arrived back in Australia, after a few years in London, when this happened. I think at that time my soul was beginning to wake up to its real mission, because I knew intuitively on getting this condition, that it wasn't something that would be fixed by the medical profession. I felt the roots lay much deeper than that. So instinctively, I found myself going on a journey inwards. Then, as soon as I began to open up again spiritually, these sounds started to come through for me.

I did have an experience seven or eight years before that, when my channel opened spontaneously for the first time. I was at

university, doing my final college exams and it sort of freaked me out actually! I just didn't know how to deal with it, particularly as I was in Ireland and still very much embedded in the Catholic and religious way of life there. To be honest, it really confused me, and I did the only thing I could do at the time, which was to shut down spiritually.

But then years later, when I began to experience similar sounds and energy going through my body, I was a little bit older and wiser, and I thought "this is happening for a reason". Because it would only really happen when I was in a meditative space, I realized that the sounds were actually coming to help me, to assist me with my healing, so I just surrendered to the process and let it happen.

**Renee:** Congratulations on your recently released CD – *Crystal Keys – Songs to Awaken and Heal*. I see that this CD sits at #5 in the International New Age Radio Charts.

**Lia:** Thank you Renee. Actually it's been really exciting! The success of 'Crystal Keys' to date, has been really lovely. I just heard yesterday in fact, that it's been nominated in four categories of the 2011 International Radio Awards, including Album of the Year, Best Vocal Album and Best Meditation album.

**Renee:** Wow, that's great! Now I'm aware of another fascinating facet of the work you do involving the Crystal Skulls. Can you tell us the story behind the Crystal Skulls?

**Lia:** The Crystal Skulls really are a mystery. I don't think there's anybody who can say definitively or categorically exactly what the crystal skulls are, or what their power or their purpose is... it truly is a mystery. Having said that however, there are stories and legends about the Crystal Skulls throughout the Mayan, and most Indigenous cultures. The main legend has it that, at a critical or crucial time in humanity's history, 13 Crystal Skulls will come together, and that they will bring in a new era for humanity. It's believed that when these Crystal Skulls come together, they will reveal their ancient wisdom and knowledge, and then humanity will experience a new Golden Age of peace and harmony.

Many people like myself and perhaps yourself too Renee, who have been working with the metaphysical energies for many years, feel like we're on the brink of that time, right now. I think that may be why the Crystal Skulls are coming back into mass consciousness, even to the point of a major Hollywood movie being dedicated to the subject – 'Indiana Jones and the Kingdom of the Crystal Skulls'! I think it's really exciting that, having seen this movie, millions of people all around the world, now have at least a subliminal awareness of this powerful phenomena.

Some people have described the Crystal Skulls as the

computers of the ancients – receptacles which contain information from our ancient ancestors. In my own personal work with the Crystal Skulls, I've found that what they're doing is mirroring back to us, aspects of our own consciousness. Because they reflect back to us,

aspects of our own Higher Consciousness, I think they can be very, very powerful tools for transformation. These skulls are able to hold very powerful energetic vibrations and somehow, they have the ability to transmit those frequencies to other crystal skulls and crystals, and to us. Because of that, they can be a catalyst for change in people.

**Renee:** How did you come across your first Crystal Skull?

**Lia:** In 2006 I went on a sacred journey to the Yucatan Peninsula in Mexico. At the time, I had no idea why I was being drawn to join the tour, because I'd never felt particularly connected to the Mayan tradition. I just had a very strong instinct that I needed to go. While I was there, I met a powerful crystal skull at the temple complex of Palenque – something which turned out to be quite life-changing for me. The energy I felt when I held that skull in my hands... is indescribable. I immediately went into a deep, altered state of consciousness, and remained in that state for the rest of the evening. I felt the energy pulsating physically through my body. The best way I can describe it, is that it felt like the energy of pure love. I didn't want to put the skull down - I just wanted to hold onto it forever!

Anyway, I got my own first crystal skull on that journey - this little one here, called Jomcata Mayab. Then, as seems to happen with a lot of people, as soon as you get one crystal skull, more and more start coming to you! They seem to like to congregate together and make a kind of family. At the moment, I have about 40 crystal skulls in my own skull family.

Actually, on February 22nd, I am holding a 'Crystal Keys Activation Ceremony' at the Chrysalis Centre in Cairns, and my most well-travelled and powerful skulls will be present. February 22nd is a very powerful day energetically. The date itself - 22 - 02 - 2012 adds up to a 2, which is the number of the mediator and the peace-lover who desires harmony. It's also a Mayan Calendar 'Red Solar Serpent' day, whose message is 'I am a Galactic portal – enter me'. So it's an absolutely amazing day to be holding an Activation Ceremony like this.

**Renee:** Our theme this month is on LOVE. How would you finish this sentence, "Love is ..."

**Lia:** For me, Love is compassionate...it's kind ... it's forgiving...Love doesn't judge. I think true love, is unconditional.

**Interviewed by Renee Cashman.**

For more about Lia, to purchase any of her nine unique 'Sounds of Sirius' albums, or to book for her Feb 22nd event, please visit [www.SoundsofSirius.com](http://www.SoundsofSirius.com) or Tel: 0419 486 073

