Psychic – Magic

SUMMER 2010

INSPIRATIONAL MUSIC REVIEW

'The Sounds of Sirius – Songs to Soothe the Soul' - Lia Scallon

64 minutes

This CD is a compilation of tracks from all seven of Ms. Scallon's *Sounds of Sirius* titles. Her lilting accent and wonderfully melodic voice sooth and calm frazzled nerves. What a delight!

The compilation includes healing works for children, women, men, animals, and the Earth. Ms. Scallion speaks on two of the tracks, and sings/chants in a language akin to ancient Sanskrit that she calls the language of the soul. It is harmonic, blending with the music in a way that seems to promote vibrational healing. The crystal bowls and bells in the background add to the enjoyable experience. As I listened to *Song of Love for the Animals*, my pets gathered around me and were soothed by the voice and music.

It is difficult to describe music in a way that will inform someone who has never heard it. Therefore, I encourage you to visit http://www.soundsofsirius.com, where you can hear samples of *The Sounds of Sirius*. Take time to close your eyes and tune in and experience -I think you will find it pleasing. This is a CD to listen to when you are relaxing; certainly not when you are driving. It is perfect for meditation and inner healing.

My favorite selection featured Ms. Scallon's voice inter-weaving with whale songs (Starsong). It seemed as though she and the whales were communicating to offer healing energies.

The Sounds of Sirius came about as Ms. Scallon sought answers to her own health problems. She was led to different healing modalities by Spirit, and in the process found her voice. That voice is not talking about healing or offering healing modalities; it is promoting healing through channeled meditations and chants.

As you listen, you may experience deep relaxation, or you might find yourself soaring into the cosmos to become One with All There Is. I challenge you to take the journey, wherever it leads. It will be a truly wondrous adventure.

Karen Howard